

**Dressage Winter League Finals and Dressage Championships of Great Britain**  
**Freestyle Dressage to Music Day One - Entries: £15**

The Freestyle Dressage to Music has proved to be quite popular. It is optional and is available for any competitor to have a go at. If you don't fancy it then feel free to watch others as it can be a real crowd puller!

**The Beginners Guide:**

- Dressage to music is marked differently to a normal dressage class, half the marks come from the Technical Execution and the other half from Artistic Interpretation.
- However, the fundamental principles of dressage must always apply and be adhered to.
- Each test has a list of compulsory movements which can be incorporated with any other movements allowed in the equivalent test.
- Any movements from a higher level will incur a deduction of points.
- You will not be scored on the extra movements but they may enhance a routine.
- We will run the **Prelim Freestyle to Music and Novice Freestyle to Music** tests. These tests are available from British Dressage. They will run in a **short arena (20m x 40m)**.
- Please raise your hand to signal the start of your music. The test is timed from the move off after the first halt to the halt at the end of the test.

**Choice of Music:**

- You will need to select and bring your own music.
- Some judges prefer music without lyrics but the choice is yours.
- The music should fit and suit the horse and its movements.
- You can get the correct tempo for your music by calculating the Beats Per Minute for walk, trot and canter. This is the number of times that your horse's inside hind leg comes to the ground in one minute.
- You may have more success if you record your movements and watch yourself back to find a rhythm to work with.
- You will need to choose three types of music, one for walk, trot and canter. This music can then be merged together to complete your routine.
- We recommend using a professional to compose your music but you can do it yourself as long as a consistent volume is used for the three types of music.
- **Please bring a CD of your music (audio format not MP3) to the show so that we can play it for your routine. The CD must be given in to the office on the evening before or morning of the show. We need to sound check each piece in advance.**

**Have Fun!**

- We have included Dressage to Music to make the show more fun for competitors and the audience.
- If you haven't done it before then now is your chance!

**If you would take part please complete the postcard which will be sent to you after you have entered the show and include a cheque for £15 made payable to 'Cricklands Ltd'.**